

## > ADD-ON TESTS

### > Diet Counselling

Understand your current lifestyle and diet, and get a personalized dietary counselling that looks at your various health needs to determine what type of diet and lifestyle changes can help you achieve your health goals.

RM32

### > Prostate-Specific Antigen (PSA) Test

The Prostate-Specific Antigen Test (PSA) is a specific blood test that is primarily being used to screen for prostate cancer. Apart from prostate cancer, high PSA level can also be an indicator for other conditions such as prostatitis or an enlarged prostate.

RM75

### > Bone Mineral Density (BMD) Test

The Bone Mineral Density (BMD) is the specific test to measure the mineral density of your bones. This test is used for the diagnosis of osteoporosis, estimation of the fracture risk and the assessment of its treatment response.

RM100

### > Uroflowmetry Test

Uroflowmetry test measures the volume of urine released from the bladder, the speed with which it is released, and the measurement of urine in the bladder after voiding. This test is recommended to individuals who have trouble urinating or have a slow stream.

RM172

#### Health Screening Preparation Tips:

- Do remember to fast from 10pm onwards the night before your health screening appointment. A proper fasting duration will provide more accurate results for blood tests. Plain water is consumable up to the time of your appointment.
- Do postpone any routine morning medication until after your blood sample is taken.
- Do inform our staff during registration should you have any health problems.
- Do avoid having a heavy meal before undergoing the stress test.

#### Health Screening Preparation Tips for Ladies:

- Do call us to reschedule your appointment if you are menstruating on the day of your appointment.
- Do book your appointment around day 10 – 14 of your menstrual cycle for the urine & pap smear tests. (This is about one week after your last day of menstruation)
- Do advise us if you are pregnant or suspected to be pregnant as X-ray and mammogram are not recommended for those who are pregnant.

**Health Screening Operation Hours**  
**Monday to Friday 8:00am – 5:00pm**  
**Saturday 8:00am – 1:00pm**  
**Closed on Sundays and Public Holidays**

#### Contact and find us at:

📞 Health Screening Centre: 03 9772 9229  
 General: 03 9772 9191

✉️ smcv\_wellness@sunway.com.my

📍 Sunway Medical Velocity

📍 Sunway Medical Velocity

🌐 www.sunmedvelocity.com.my



Scan here for  
our parking guide



**SUNWAY**  
**MEDICAL CENTRE**  
 Velocity • Kuala Lumpur

BE  
**AHEAD**  
 OF YOUR  
**HEALTH**  
 GAME



**SUNWAY**  
**MEDICAL CENTRE**  
 Velocity • Kuala Lumpur

*Improving the lives we touch*

## Health screening for every phase of life

At Sunway Medical Centre Velocity (SMCV), we offer a variety of health screening packages for every stages of life. Be it for your own health assessment, for your parents, when you're getting married or to ease your worries when a symptom occurs, our health screening packages can be chosen to suit your health needs.

## > FOR EVERYONE

Regardless of age, it is crucial to get yourself checked for any health issue through regular health check-ups. Monitor your well-being condition with our general health screening packages.



	General Essential	General Premier
• Weight, Height, BMI	●	●
• Vision Test	●	●
• Blood Pressure Screening	●	●
• Resting ECG	●	●
• Blood Investigation		
– Full Blood Count	●	●
– Erythrocyte Sedimentation Rate (ESR)	●	●
– Blood Grouping (ABO & Rh)	●	●
– Liver Function Profile	●	●
– Kidney Function Profile	●	●
– Lipid Profile	●	●
– Rapid Plasma Reagin (RPR)	●	●
– Hepatitis B Screening	●	●
– Hepatitis C Screening	●	●
– Thyroid Function Test	●	●
• Free T3	●	●
• Free T4	●	●
• Thyroid Stimulating Hormone (TSH)	●	●
– HbA1c (Average blood sugar level over 3 months)	●	●
• Urine FEME	●	●
• Chest X-Ray	●	●
• Pulmonary Function Test (PFT)	●	●
• Diet Counselling	●	●
• Ultrasound of Abdomen & Pelvis	●	●
• Consultation & Report	●	●
	RM399	RM799

Complimentary refreshments provided

## > FOR HIM

Become your own superhero and live a worry-free life. Practice a healthy lifestyle and get yourself tested regularly as early diagnosis can save lives. Find out more about your health condition with our health screening packages that includes important tests for men.



### Men's Essential (Below 40 Years Old)

### Men's Premier (Above 40 Years Old)

• Historical & Clinical Examination by Health Screening Doctor	•	•
• Weight, Height, BMI	•	•
• Vision Test	•	•
• Blood Pressure Screening	•	•
• Resting ECG	•	•
• Blood Investigation		
– Full Blood Count	•	•
– Erythrocyte Sedimentation Rate (ESR)	•	•
– Blood Grouping (ABO & Rh)	•	•
– Liver Function Profile	•	•
– Kidney Function Profile	•	•
– Lipid Profile	•	•
– Rapid Plasma Reagin (RPR)	•	•
– Hepatitis B Screening	•	•
– Hepatitis C Screening	•	•
– Thyroid Function Test	•	•
• Free T3	•	•
• Free T4	•	•
• Thyroid Stimulating Hormone (TSH)	•	•
– Fasting Blood Sugar	•	•
– HbA1c (Average blood sugar level over 3 months)	•	•
– Prostate-Specific Antigen (PSA) Test	•	•
• Urine FEME	•	•
• Chest X-Ray	•	•
• Pulmonary Function Test (PFT)	•	•
• Ultrasound of Abdomen & Pelvis	•	•
• ABPI (Screening for cardiovascular disease)	•	•
• Consultation & Report	•	•

RM779

RM889

## > FOR HER

A hectic life may cause a woman to neglect her own health. Paired with unhealthy eating habits and irregular exercise, this can lead to various health conditions in the long run. Become more proactive and keep track of your health with our comprehensive health screenings that are specifically tailored for women of all ages.



### Women's Essential (Below 40 Years Old)

### Women's Premier (Above 40 Years Old)

• Historical & Clinical Examination by Health Screening Doctor	•	•
• Weight, Height, BMI	•	•
• Vision Test	•	•
• Blood Pressure Screening	•	•
• Resting ECG	•	•
• Blood Investigation		
– Full Blood Count	•	•
– Erythrocyte Sedimentation Rate (ESR)	•	•
– Blood Grouping (ABO & Rh)	•	•
– Liver Function Profile	•	•
– Kidney Function Profile	•	•
– Lipid Profile	•	•
– Rapid Plasma Reagin (RPR)	•	•
– Hepatitis B Screening	•	•
– Hepatitis C Screening	•	•
– Thyroid Function Test	•	•
• Free T3	•	•
• Free T4	•	•
• Thyroid Stimulating Hormone (TSH)	•	•
– Fasting Blood Sugar	•	•
– HbA1c (Average blood sugar level over 3 months)	•	•
• Urine FEME	•	•
• Pap Smear	•	•
• Chest X-Ray	•	•
• Pulmonary Function Test (PFT)	•	•
• 3D Mammogram	•	•
• Ultrasound of Breast	•	•
• Ultrasound of Abdomen & Pelvis	•	•
• ABPI (Screening for cardiovascular disease)	•	•
• Consultation & Report	•	•

RM899

RM1199

## > FOR HEART HEALTH

Heart disease remained as the principal cause of death in Malaysia for the past years. Take charge of your heart health and get yourself tested when you are feeling any discomfort as timely detection can save your life.



### Heart Screening Package

• Historical & Clinical Examination by Health Screening Doctor	•
• Weight, Height, BMI	•
• Vision Test	•
• Blood Pressure Screening	•
• Resting ECG	•
• Echocardiogram	•
• Stress Test (Treadmill)	•
• Blood Investigation	
– Full Blood Count	•
– Erythrocyte Sedimentation Rate (ESR)	•
– Blood Grouping (ABO & Rh)	•
– Liver Function Profile	•
– Kidney Function Profile	•
– Lipid Profile	•
– Rapid Plasma Reagin (RPR)	•
– Hepatitis B Screening	•
– Thyroid Function Test	•
• Free T3	•
• Free T4	•
• Thyroid Stimulating Hormone (TSH)	•
– Fasting Blood Sugar	•
– HbA1c (Average blood sugar level over 3 months)	•
– High-sensitivity C-Reactive Protein (HsCRP)	•
• Urine FEME	•
• Chest X-Ray	•
• Pulmonary Function Test (PFT)	•
• ABPI (Screening for cardiovascular disease)	•
• Consultation	•
• Heart test reported by Consultant Cardiologist	•

RM1199

## > PRE-MARITAL SCREENING (INDIVIDUAL)

Prepare for one of the major milestones in your life with our Pre-Marital Screening. Look out for any potential health problems such as infectious and transmissible diseases that could risk your partner and family in the future.



• General Assessment	•
• Full Blood Count	•
• Blood Grouping (ABO & Rh)	•
• Syphilis Screening	•
• HIV	•
• Hepatitis B Antibody	•
• Hepatitis B Antigen	•
• Hepatitis C	•
• Consultation & Report	•

RM180

## > BLOOD SCREENING PROFILE

• Full Blood Count	•
• Urea	•
• Creatinine	•
• Uric Acid	•
• Fasting Blood Sugar	•
• Hepatitis B Screening	•
• Liver Function Profile	•
• Lipid Profile	•
• Urine FEME	•
• Consultation by Health Screening Doctor	•

RM168

## > TUMOUR MARKERS

	Male	Female
• AFP (Liver cancer)	•	•
• CEA (Colon cancer)	•	•
• CA 19-9 (Pancreatic cancer)	•	•
• PSA (Prostate cancer)	•	
• CA 125 (Ovarian cancer)		•
• CA 153 (Breast cancer)		•

RM180

RM269